



M.MORTEZAIE



MODERN BEHAVIOR IN DEFENCE



Defending

- **WHEN** does defending commence?
- چه موقع شروع به دفاع کردن می کنیم
- **WHERE** does defending commence?
- از کجا دفاع کردن را شروع می کنیم
- **HOW** does defending commence?
- چگونه دفاع کردن را شروع می کنیم
- **WHAT** is involved in defending?
-



When?

As soon as possession is lost



- the 'will' to defend - MENTALLY ذهنیت دفاع کردن
- immediate decision making تصمیم گیری سریع
- change from attacking to defending attitude
- نگرش از حمله به دفاع کردن
- priorities, change of roles and actions
- نقشها و عملکردها

Where?

- According to the location and circumstance
- بر طبق مکان و
of the loss of possession e.g, press, withdraw, recover.
, کشیدن , پرس کردن ,
برگشتن به شکل
- Where is the first aggressive defending line
- کجاست؟
e.g, - as far forward as possible که
امکان دارد
 - halfway line
 - edge of middle 1/3

یک
.....why?

How?

Dependent on:-

- a) Where ball is surrendered? کجا توپ احاطه شده است
- b) Circumstances of possession loss
eg. ball intercepted - WE RECOVER URGENTLY
ریکاور شویم -
ball out of play - WE PRESSURE کنیم -
out numbered - WITHDRAW
.
- c) Defend important areas - where are they?
کردن - آنها کجا هستند؟
- d) Channel or deflect attacking play
- e) Adherence to team strategy, team tactics
تاکتیک تیم

What?

- **Denial of** - SPACE - where?
- TIME - how?
- CHOICE - how?
- MOVEMENT - how?
- **Protection of high priority areas**
- خطرناک
- **Deflection** of opponents attack into well defended or less important areas depending on circumstance
- . که خطر کمتری
- **Collection** of players in vital areas
- بازیکنان



Effective Defending

Involves:-

- Allegiance to overall team defensive strategy کلي تيمي
- Understanding of that policy در ک کردن
- Execution (individual/collective) of that policy
-
- Individual initiative ابتکار عمل
- Support for individual initiative از ابتکار عمل
- Prioritizing roles که در
- Change of roles and functions
- Individual and collective defending skills
-



MODERN BEHAVIOR IN
DEFENCE